

AUGUST  
2020

## ON *this* MONTH

Bay Island Early Learning & Care

- 2<sup>nd</sup> National Tree Day
- 4<sup>th</sup> National Aboriginal & Torres Islander Children's Day
- 3<sup>rd</sup> – 8<sup>th</sup> Homeless Persons Week
- 3<sup>rd</sup> – 9<sup>th</sup> Dental Health Week
- 7<sup>th</sup> Jeans for Genes Day
- 9<sup>th</sup> International Day of the World's Indigenous People
- 10<sup>th</sup> Public Holiday**
- 12<sup>th</sup> International Youth Day
- 12<sup>th</sup> World Elephant Day
- 14<sup>th</sup> – Red Nose Day
- 15<sup>th</sup> – 23<sup>rd</sup> National Science Week
- 17<sup>th</sup> – 23<sup>rd</sup> Keep Australia Beautiful Week
- 22<sup>nd</sup> Children's Book Week – Theme "curious creatures,  
wild minds"
- 28<sup>th</sup> Daffodil Day

Please don't forget to pack a water bottle, sun safe hat, cot sheets (for younger children) and 2 sets of spare clothes with the child's name on all items.

Please make sure before entering the service or hopping on our courtesy buses that your child/ren have shoes on.



### Keep in touch on Facebook



## Bay Island Early Learning and Care

### A Message from the office:

We would like to remind families to make sure their details are up to date address, phone numbers etc.

From the 13<sup>th</sup> of July 2020 childcare fees have commenced, admin will be sending out fee statements every fortnight. It is also company policy that fees are kept two weeks in advance, if you are having any financial issues please contact admin for support.

We would like to **WELCOME** all our new families to Bay Island Early Learning and Care. Our programs are delivered by Qualified Early Childhood Teachers and Early Childhood Educators that are skilled in maximising learning outcomes for our children.

### August Birthdays:

Matilda, Kylie, Katona,  
Cameron, Leif & Jayla



### 5 Minute MOVES Thunderstruck

Short simple activities to get some active minutes in the day.

Find an open area to jog laps in or simply jog in place at a moderate pace. Find the song "Thunderstruck" by AC/DC on YouTube and play it. During the song, you should listen closely for the words "Thunder" or "Thunderstruck". Every time these words are said, perform a burpee (or a version of that your child/ren can perform). This will go on for the entirety of the song!

You can choose any song you like; simply choose the word/phrase in the song you will perform the burpee on and press play.

## SOUND SPOTTERS

*Teaching kids positive eating behaviours during childhood can set them up with healthy eating habits for life. Developing a positive relationship with food, as well as a balanced approach to eating, can lead to better health outcomes in the long run.*

**So what can you do:** Parents often underestimate their role in the development of healthy eating habits. Speaking positively to your children about healthy foods and role modelling balanced eating is the first step in helping kids develop a healthy relationship with food. And remember, actions speak louder than words! Children watch, listen and learn through observation, and then follow what they see. Set your children up for life by being a positive role model and create healthy habits from the start. **For a list of what these modelling behaviours look like click here.**

HEALTHY  
KIDS

## Child Safety Tip

### Steps and stairs

- Use gates or barriers at the top and bottom of stairs to keep young children from falling.
- Ensure steps and stairs are well lit.
- Use night lights or light switches that children can reach.



## Community Links

Henry Pike - LNP for Redlands and Dr Christian Rowan MP visited the Southern Moreton Bay Islands and toured the Curlew Cove Children and Family Place



greeted children and educators at Bay Island Early Learning and Care and listened to some of the unique challenges encountered by families, island educators and services



## Sustainability at Home

**Cooking:** Putting lids on pots, simmering gently instead of boiling vigorously, or using a pressure cooker can save half the greenhouse gas generated during cooking. Each litre of water boiled off generates up to a kilogram of greenhouse gas.

**Fix dripping hot taps:** a hot tap, dripping 45 times per minute, wastes around 1,000 litres of hot water each month, the equivalent of ten bathtubs or more than \$25 per year

## Sustainability in the Service

Placed around our service you will see these 2 bins co-mingle and landfill. This is a great way to build environmental awareness, co-operation and communication amongst our children & staff on reducing waste.



## Early Years Learning Framework in Action

The Early Years Learning Framework is an important and timely resource for early childhood. It embraces a vision for a new Australia:

- a future that embraces all Australians
- a future based on mutual respect, mutual resolve and mutual responsibility
- a future where all Australians, whatever their origins, are truly equal partners, with equal opportunities and with an equal stake in shaping the next chapter in the history of Australia.

To this end, the Framework is built around a number of key concepts and principles which require educators to use particular understandings and practices effectively to achieve the desired outcomes.

The Framework provides an opportunity for Educators across Australia to work towards:

- a clear focus on children's learning and wellbeing
- a shared language for curriculum in the early childhood field
- a base for planning, promoting and assessing learning
- improved quality in early childhood settings
- cultural security for Aboriginal and Torres Strait Islander children and their families
- including families and communities in children's learning.

When starting to use the Framework remember that it is just that – a framework. It is not a syllabus, not a program, not a curriculum, not a model, not an assessment tool, not a detailed description of everything children will learn. It is a framework of principles, practices and outcomes with which to build your curriculum.

## Our Month in Our Rooms



*Ocean Turtles* – We are focusing and have been building on the children's sense of belonging in the room creating activities from there interest such as (dinosaur enclosure) and we have created a sensory blue slime ocean filled with sand and sea creatures following up on the interest the children have showed in science and sensory.



Now the children are showing signs of being more comfortable in their environment and building positive friendships with others, our next step is self-help and encouraging them to be independent in washing their hands

and putting on their own sunscreen. We will provide the children with the opportunity to explore their environments through play including adventures to visit the chickens and picnics in the front yard. We will be introducing painting on the easel and letting the children become master artists. Here are some of the benefits of painting on an easel.

**Fine motor:** Moving the painting tool from the paint container to the easel surface requires focus and control.

**Large motor:** Because of the angle of the arm, using the easel works the shoulder and entire arm. The bigger the surface, the more exercise this area of the body gets.

**Cognitive skills:** There is a lot to figure out while using an easel, such as how the paint will get on the paper, how the different colours will mix, and how to handle the drips that occur.

**Social Skills:** Toddlers and pre-schoolers can work side-by-side or, if you have a 2-sided easel, across from each other.

**Creativity:** There is no specific outcome expected when creating at the easel. The artist can choose how much or how little to apply to the surface, creating any desired design.



*Joey's* - This month in the Joey's room we had many educational learning experiences through play and creative learning experiences. We created this by reading one of the books the children have taken an interest in. It has sea creatures in it including sharks. The children acted the animals movements and sounds out which is great for sensory input and practicing gross motor skills to work towards achieving milestones. We also have been learning about Indigenous Culture as we celebrate "NAIDOC Week." The children created



their own boomerangs, using poinciana seeds and painting them with cotton buds to create aboriginal dot art. We learnt that Indigenous people use symbols to communicate to each other, the children used playdough to create those symbols on paper.

**Cooking experience** - cooking helps to build self confidence and provides great satisfaction for children and develops positive self-esteem. This time the children were making "pasta" to continue developing interests in the Home Corner where they were making spaghetti. Everyone patiently waited their turn to mix the dough before we put it through the pasta machine.



**Bush Koalas** – As an extension from our cooking experiences we will continue to encourage our children in the Bush Room to explore using their self-help skills. Each child will have the opportunity to take turns preparing the tables for mealtimes. During this learning experience we will use our turn taking responsibilities and counting skills by asking the children how many children there is to how many plates they bring out. Throughout mealtimes we discuss together the different healthy vegetables that we see in our muscle foods. As a follow on from Winter we would like our children to bring 1x piece of vegetable from home with these we will make some hot vegetable soup to warm our tummies and make us strong. To continue on from our Family Tree, we will begin to use our children's voices associated with their home life, community etc. We will display spontaneous questions and answers from the children and hang them from our Family Tree. We ask families that have not yet sent in their family's photos (via admin email) to do so. Culture Corner is slowly growing, our children have been learning the colours and meanings of the Aboriginal flag. This month we be discussing the Australian Wildlife and Dreamtime stories.



**Rainforest** – We would like to start with a huge welcome to Miss Lisa's grandson Manna. Thank you all for your support and understanding in my absence to enjoy meeting him. Thank you, Tammy for bringing in Roxy and demonstrating the sequence of bathing, dressing and feeding her as a follow up to the children's interest in role playing parents with the dolls in dramatic play space. We look forward to planning our next story to role play as the children are really enjoying dressing up in costumes and using familiar lines to retell the story. The Three Little Pigs was a delight to watch. We are continuing with our Walk-about-Wednesday with planned tours of the Container for Exchange Facility, the Fire Station and by popular request still visiting Tim O'Shea Park with our meditation and singing circle. If anyone discovers awesome things to see on the island, please share it with us. We look forward to the two highlights this month of Science Week and Book Week, so keep a look out for the celebration and dress up days. We are focusing on learning a song from another country every week and exploring greetings from around the world. "Hello to all the children of the world" is our starting point. Our African song is Che Che Kula, our French song is Frere Jacques, our Maori song is Tena Koe and there will be more as we discover what language the children would like to explore.



**Curlew Cove** – The Educators at the Cove have been providing opportunities for the children to lead the activities based on the children's current interest in arts and crafts. This has been great for their self-expression. Art is an experience that requires freethinking and experimentation, we have noticed the social opportunity whilst children are creating, they are also talking about how their day has gone and having more open conversation with peers building their social interactions. Music has then followed the art and crafts in the afternoons. The children have loved dancing to music which helps them build gross motor skills while allowing them to practice self-expression. In the next month we will continue to build on their current interests of art, dance, acting, music and extend that into our upcoming Book Week theme "Curious Creatures, Wild Minds"



## Book reviews

*Beautiful picture books that  
promote strength, courage  
and unity.*



### THE BUG GIRL

**Sophia Spencer and Margaret McNamara | AGE 4 - 8**

*Real-life 7-year-old Sophia Spencer was bullied for loving bugs until hundreds of women scientists rallied around her.*

Now Sophie tells her inspiring story in this picture book that celebrates women in science, bugs of all kinds, and the importance of staying true to yourself.





### THE DAY YOU BEGIN

**Jacqueline Woodson | AGE 5 - 8**

*There are many reasons to feel different. Maybe it's how you look or talk, or where you're from; maybe it's what you eat, or something just as random. It's not easy to take those first steps into a place where nobody really knows you yet, but somehow you do it. Jacqueline Woodson's lyrical text and Rafael López's dazzling art reminds us that we all feel like outsiders sometimes-and how brave it is that we go forth anyway. And that sometimes, when we reach out and begin to share our stories, others will be happy to meet us halfway.*

## THIS MONTH'S POLICIES THAT ARE CURRENTLY BEING REVIEWED

Our Centre encourages parent feedback when we are reviewing our policies each month. This month we will review the below policies with our families. They will also be at the Centre for viewing, on our website and facebook page where all families are encouraged to read and provide feedback on the forms.

-  Animal and Pet Policy
-  Bus Policy
-  Delivery and Collection of Children Policy
-  Service Philosophy

### Parent Feedback on Policies reviewed this Month

Please complete the section below if you have any comments, suggestions or feedback on the policies we are reviewing each month. Your feedback is valuable to us and is part of continuing improvement plan within our centre. Thank you.

Policy Name:

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What I like about the Policy:

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What I would like to see changed about the Policy:

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